

Promise Partners Committee Meeting Notes
Youth and Family

COMMITTEE: Youth and Families
MEETING DATE: February 9, 2016

CHAIRPERSON: Jessica Rayment
LOCATION: Micah House

PRESENT:

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| Rebecca Losh (Big Brothers Big Sisters) | Clarrissa Newman (Micah House) |
| Tiffani Pinkerton (Heartland Family Service) | Deb Kissel (Zion Recovery) |
| Gretchen Bayer (Heartland Family Service / PMP) | Terri Dowell (Community Volunteer) |
| Cindy Goodin (Youth Emergency Services) | Megan Nederhoff (Children's Square IHS) |
| Dave Smith (Trailblazers) | Jessica Rayment (Promise Partners) |
| Sonya Fittje (Hope 4 Iowa Crisis Line) | Graham Jura (City of Council Bluffs) |
| Colleen Winey (West Central Community Action) | Emily McDermott (Early Head Start/WCCA) |

Introductions and Announcements:

Deb Kissel (Zion Recovery) – Walgreens in Iowa and Nebraska will have prescription drug return kiosks available for anytime/any kind disposal. More information to come.

Jessica Rayment (Promise Partners) – Upcoming Dessert Auction on 2/11 from 5-7pm. Proceeds benefits the Foster Grandparent Program of Connections Area Agency of Aging.

Promise Partners Community Networking grants are available again. Information available at www.promisepartners.org

Sonya Fittje (Hope 4 Iowa Crisis Line) – continues to share information about the crisis line. She is able to attend trainings or staff meetings. They are gearing up for high call volumes in April and the spring.

Rebecca Losh (BBBS) – continues to hold information sessions for individuals who are interested in becoming a mentor.

Gretchen Bayer (Heartland Family Service / PMP) – during this legislative season, PMP has talking points if you are interested in talking to your local representative.

Dave Smith (Trailblazers) – will be hosting in Bully Free Forum. Contact Dave for more information.

Colleen Winey (West Central Community Action) – Head Start program is currently working with 56 families. They are currently recruiting for the coming fall school year.

**Spotlight Speaker: Megan Nederhoff, Children's Square USA
Integrated Health Services (IHS)**

- Their IHS services is for pediatric only (need to enroll in program before age 18). The clients need to be medicade eligible and need a mental health diagnosis.

- IHS is an umbrella program, making sure families are connected to the right resources, keeping kids in their home and keeping kids out of the ER.
- They have a Family Support Specialist who provides peer support. A Nurse care Manager who can attend medical appointments with the families to help understand what happens in the medical appointments. A Care Coordinator who provides the wrap around support and to improve overall health and wellness.
- Referral process: Referral line (712) 256-7075 referral email: ihsreferral@childrensquare.org. Referral Options: Provide IHS information to families for the families to contact them directly or with permission, provide family information to HIS to contact families directly. Please provide 1. Child's full name 2. Caregivers full name and phone number and 3. Child's date of birth (if available).

Homeless Group Exercise: Led by Cindy Goodin (YES)

Cindy led us through a simulation of sorts around living in poverty. There's an online game that others expressed interest in as a way to try it for themselves.

SPENT is an online game that offers you more than a discussion about poverty—you'll actually experience what life is like for someone trying to survive poverty on a day-to-day basis. Whether you play individually or as a class, SPENT challenges players to choose between real-life, equally agonizing alternatives. Pay for your mom's medicine or keep the lights on? Cover the minimum on your credit cards or pay the rent? As players, you're allotted \$1,000 to live on for one month, and the game ends after 30 days or if you run out of money sooner. Visit <http://playspent.org/> to try it yourself.

Committee Updates

- **Prescription Drug Takeback Efforts:**
Operation Medicine Cabinet & Permanent Location
Operation Medicine Cabinet will happen again on April 30th from 10am – 2pm at the Council Bluffs Walgreens located at 535 E Broadway. There are still some funds available to advertise the event. We would like to include Carter Lake in the advertising if they are holding an event on the same day. A permanent drop-off location for unused or expired medication will be available through the Pottawattamie County Sheriff's Office at 1400 Big Lake Road in Council Bluffs.
- Laundry Love Event – next planning meeting will be 2/25 at 2pm at Heartland Family Service 515 E Broadway.

Revision of Committee Mission Statement

Proposed: To support and encourage the well-being of all youth and families through education, networking, and collaboration in Pottawattamie County.

- Voted as new Mission Statement

Small Group Work – Creating an Action Plan and Steps

- **Marketing & Promotion of Youth & Families Committee**
- **Marketing & Promotion of community trends, issues & other topics**

In keeping to our new time frame of a 1 hour meeting, we were not able to get to this.

NEXT MEETING

Next Committee Meeting: Tuesday, March 8th, 2016 3-4 PM at the Micah House

Next Steering Committee Meeting: Tuesday, March 1st 9 AM, 445 Glen Avenue

Meeting minutes will be posted at www.promisepartners.org.

Children's Square Integrated Health Service– Frequently Asked Questions

Welcome to the Children's Square Integrated Health Service (IHS) program! IHS is a unique service for Medicaid members. It is a community-based program. Your child has access to the program through your local health care provider. Being in the IHS program does not change Medicaid benefits; it simply adds to them.

The program helps you get services for all of your child's health care needs. The goal is to help your child live a healthier life by focusing on "whole health."

Finding the right services

We understand it is very hard for you to find the right services for your child. IHS can make that process easier for both of you. Your child's health is so important. And we want to support you in helping your child live a healthy and happy life.

The program has been in place in five areas across the state for more than a year. We have seen positive results among our members so far. We are seeing that the program can work very well. We are always improving the program. We want to make sure it continues to help our members in the best way possible.

How the program works

You and your child talk with an IHS Team Member about your child's current health, wellness and social support needs. This will help us decide how best to coordinate services for your child. The IHS Team Member can help you:

- Manage your child's physical and behavioral health services.
- Create a whole health treatment plan just for your child.
- Focus on good health and total wellness.
- Provide support services to you, your child and family members.
- Make sure your child has access to care 24 hours a day.
- Use technology to link all the services together.
- Help with your child's recovery.

Will I lose my current services with the IHS?

No, all services will continue. You or your child will be able to keep getting those services with the providers you are using now. The IHS is an added service that helps coordinate all of your care. It is an addition to the services you receive. As the person receiving the services, you have complete choice in where you go to get services.

How is this different from other programs?

In the past, you or your child may have received these services through multiple different providers. This program allows you to continue to receive all the services you are getting

with your providers. You also get a team of specialists who are working with you on your goals and helping to coordinate your care.

Can I get help with health services?

Yes, the IHS can help you or your child get these services. The IHS coordinates the health services you need or want. This may be done with the IHS. Or they will help you make an appointment with another provider. They will also help you get to the appointment if you need help.

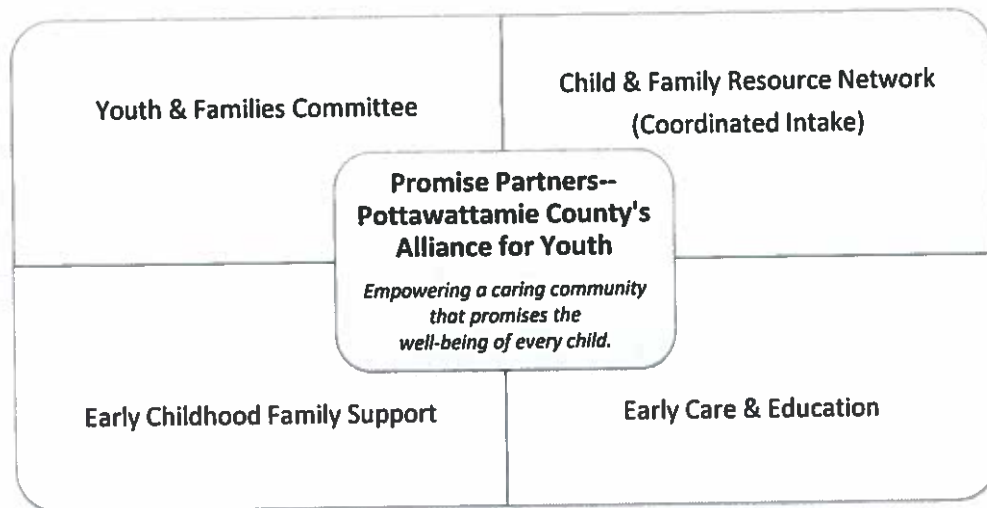
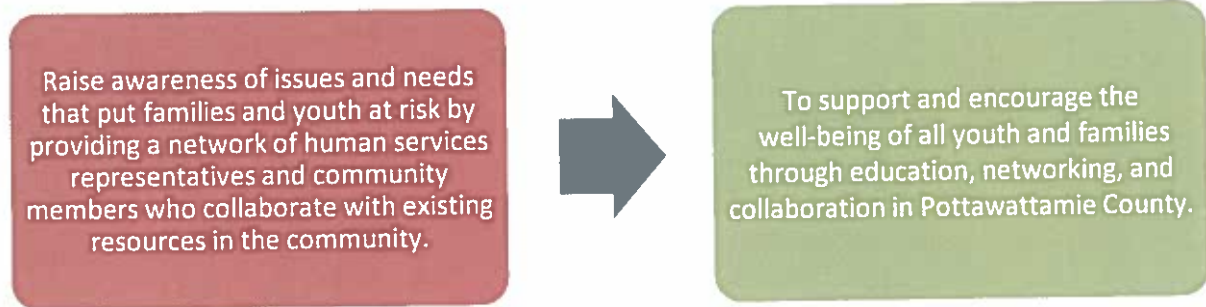
Who is eligible for IHS?

You are eligible if you have Iowa Plan coverage through Medicaid and if your child has behavioral or mental health concerns, receives supportive services like therapy or BHIS, is in PMIC placement, or is prescribed mental health medications.

What can I expect from this program?

You can expect people to work with you in getting the help you want. They will make sure you get the health and mental health services you need or your child needs. Through the partnerships your IHS has in your community, they know of many resources that can help you. Their goal is to help you get healthy and stay healthy!

Proposed Mission Statement



Suggestions:

- The best mission statements are clear, memorable, and concise.
- Average length only 15.3 words (*excluding brand references*)

Sample Mission Statements:

- The Children's Cabinet's mission has been to keep children safe and families together by providing services and resources that address unmet needs through a unique and effective cooperative effort between the private sector and public agencies in Nevada.
- Improving the health and well-being of at-risk Kansas City children and families.
- To maximize the impact of our collective service provision to children and families, by providing best practice training and advocacy, through a collaborative process of engagement with all relevant stakeholders.
- Connecting families with local support and resources to help prepare children for school and life.