

Promise Partners Committee Meeting Notes
Youth and Family

COMMITTEE: Youth and Families
MEETING DATE: October 8, 2019

CHAIRPERSON: Jessica Rayment
LOCATION: Promise Partners

PRESENT:

Julie Florian (Tobacco HPS)
Liz Addison (FAMILY, Inc.)
Colleen Winey (WCCA Head Start)
Angela Cemer (WCCA Head Start)
Jennifer Minchew (Pott. Co. Public Health)
Jamie Behrends (Children's Square)
Jessica Rayment (Promise Partners)

Clarrissa Newman (Lakin Campus)
Ronda Newman (Project Everlast)
Jessie Stein (WCCA Head Start)
Diana Reinsch (Pott. Co. Public Health)
Katie Kearney (Children's Square IHS)
Maggie Ballard (Heartland Family Services)

Introductions and Announcements:

Liz Addison- October is National Dental Hygiene Month. FAMILY, Inc. and the I-Smile Program will be participating in the Choose Water Challenge on social media. Please consider participating my posting to social media and by replacing one sugar sweetened beverage each day with a glass of water. Please use the hashtag #ChooseWaterChallenge.

Colleen Winey- The Head Start Program has been partnering with Council Bluffs Schools. Referrals are being taken.

Clarrissa Newman- The Charles E. Lakin Human Services Campus will be holding a Trunk or Treat Event on October 29. The Story Walk book at Sunset Park has been updated.

Jessie Rayment- October is National Domestic Violence Awareness Month.

Katie Kearney- Children's Square is looking to hire for the Integrated Health Program. Visit www.childrensquare.org for details.

Julie Florian- Severe respiratory illness is being reported by teens and adults who use vaping products. Information about vaping and more information can be viewed at www.idph.iowa.gov. My Life, My Quit is an excellent resource for teens; offers free and confidential coaching via text, phone and online support at www.mylifemyquit.com.

Ronda Newman- Coaching and financial assistance is currently available to Iowa youth, ages 16-25 that are struggling or disconnected to school/employment.

Diana Reinsch- The Women's Fund of Omaha is holding Askable Adult Training. Communication is an important component of sexual literacy, and parents and teachers alike need to become "askable adults" for young people. 6-12 youth are being sought to participate in adolescent health steering and outreach.

Maggie Ballard- Prevention Means Progress (PMP) held their Annual Hands Across the Bridge Event on September 28 to help spread the message that prevention works, treatment is effective and people do recover. Maggie recently attended a Digital Literacy

Conference and shared about how social media is a large part of adolescents' lives, but existing research shows that depression is high in young people who misuse social media.

Grief's Journey, Alex Jurgens

No matter the cause, grief upends lives, but it doesn't have to be the end of the journey. Grief's Journey (formerly known as Ted E. Bear Hallow) provides a variety of free programs for kids, adults and families.

Ted E. Bear Hallow began their work in the 1990's by offering Kids Camps. In 2001 Ted E. Bear Hallow became a certified nonprofit and began offering support groups. Volunteers ran all programming and in 2002-2005 staff began to be hired. Ted E. Bear Hallow changed its name to reflect its growing mission in 2017. Since this time, services and programs have been expanded and volunteers continue to provide the bulk of facilitation.

Current programs and services include: Teen Camps (2x a year), Adult Support Groups, Serious Injury & Illness Support Group, Support without Borders (immigration challenges), School/Agency Support Group, Bereavement Support, and Library Grief Kits. These services are all free of charge and are peer-to-peer led. Services are available to residents of Iowa.

Volunteer trainers attend 20 hours of training prior to leading sessions. Grief's Journey is looking to train additional people to become trainers, the cost is reduced if you commit to facilitating one group for them.

Committee Merger:

Promise Partners and the Human Services Advisory Council (HSAC) will be bringing in a neutral facilitator to explore how to best merge the joining of the Youth & Families and Children, Youth, & Families Committees. This will include what a new committee will look like, who will lead it, meeting dates, etc.

National Drug Take Back Event

PMP is assisting in organizing the event alongside the Council Bluffs Police Department, City of Council Bluffs, and Drug Enforcement Administration (DEA) on October 26. Committee members are encouraged to participate and provide any materials to go to community members.

NEXT MEETING:

Tuesday, November 12 2019 3:00-4:30pm-
Promise Partners Iowa School for the Deaf Campus – Careers Building

Next Steering Committee Meeting: Tuesday, November 5 9am, Location Dunkin Donuts, Council Bluffs

Meeting minutes will be posted at www.promisepartners.org

Youth & Family Committee Purpose: To support and encourage the well-being of all youth and families through education, networking, and collaboration in Pottawattamie County.